

# NANCY SMITH TEIXEIRA, RN, BSN

## EDUCATION

- ◆ Sacred Heart University, Fairfield, CT (2003)  
Currently enrolled in the MSN/Patient Care Administration Program
- ◆ Bridgeport Hospital School of Nursing Perioperative Program  
Certificate, Perioperative Nursing, April 2004
- ◆ University of Connecticut, Storrs, CT  
Bachelor of Science, Nursing, May 1993
- ◆ Greater Hartford Community College, Hartford, CT  
Associate of Science, Nursing, cum laude, June 1984
- ◆ Holliston Junior College, Lenox, MA  
Certificate, Medical Assistant Program, Magna cum laude, August 1978

## PROFESSIONAL EXPERIENCE

**Stamford Hospital**  
**Stamford, CT**

**2007-present**

### **Data/Quality Manager- Heart & Vascular Institute**

Responsible for management of all data related to the Open Heart Surgery Service and the Cardiac Catheterization Laboratory.

- Responsible for collection and reporting of data that are required by the ACC, STS and OHCA (State of CT).
- In collaboration with the Chief of Cardiology and the Director of Cardiovascular Services, prepare reports and presentations to Medical and Surgical staffs as well as to Senior Management.
- Evaluate and communicate data outliers from standard of care as well as issues with the processes involved in activation of the Cath Lab Team for emergent PCI for patients who present with ST elevation myocardial infarction.(PAMI)
- Provide education to the Critical Care nursing staff regarding PAMI activation and wound management post-catheterization.
- Collaborate with the Cath Lab staff in nursing research activities and examining outcomes of care.
- Prepare case reviews of PAMI's for the external reviewer Interventionalist from Columbia/NYP on a monthly basis.
- Assist the Chief of Cardiology in monitoring quality of care and physician performance.
- Assist the Chief of Cardiology in the physician adverse event reviews and consultations with physicians for performance improvement.
- Update policies and procedures for PAMI's in collaboration with the Nurse Managers of CV Services and the ED.
- Responsible for "cleaning" all Open Heart data entered by the Open Heart Team, prior to submission to STS.
- Responsible for management and maintenance of statistical data for the Heart & Vascular Institute.

**Milford Hospital  
Milford, CT**

**2005 – 2007**

**Nurse Manager – Memorial 3 West (2006 – Present)**

Responsible for the administrative management and clinical coordination of a 33-bed medical/surgical/telemetry unit.

- Provide appropriately credentialed staff to care for a population consisting of telemetry/medical/surgical patients across the young adult-geriatric continuum.
- In conjunction with Staff Development, provide educational programs and presentations that assist with advancement of nursing practice via the Clinical Ladder program and professional certifications.
- In collaboration with the Vice President of Patient Care Services, fiscal management and monitoring of unit-based supplies, expenses and salaries.
- Provide annual employee reviews for both professional and non-professional staff.
- Provide professional guidance and discipline for staff of 44 FTE's.
- Create systems for the purpose of enhancing the clinical practice via staff empowerment.
- Uphold and support organizational goals and mission.
- Participate in a variety of clinical and administrative committees involved in policy creation, revision and implementation and the advancement of evidenced-based practice.
- Perform continuous monitoring and creation of quality improvement initiatives.

**Perioperative Clinical Nurse – Operating Room (2005 – 2006)**

Functioning in Circulator/Scrub roles with responsibilities that include:

- Room and instrumentation preparation
- Knowledge of maintaining the sterile field and appropriate instrumentation for assigned procedures.
- Pre-op patient assessment and interview
- In collaboration with Anesthetist, monitoring patients' response to surgical intervention(s) and room environment.
- Ensuring implementation of safety measures for patient and entire Operative team.
- Maintain a knowledge base to practice in a variety of specialties that include General Surgery, Plastics, Orthopedics, Vascular, Cardiothoracic and Neurosurgical.

**Bridgeport Hospital  
Bridgeport, CT**

**2000 – 2005**

**Perioperative Clinical Nurse – Main Operating Room (2003 – 2005)**

Functioning in Circulator/Scrub roles with responsibilities that include:

- Room and instrumentation preparation
- Knowledge of maintaining the sterile field and appropriate instrumentation for assigned procedures.
- Pre-op patient assessment and interview
- In collaboration with Anesthetist, monitoring patients' response to surgical intervention(s) and room environment.
- Ensuring implementation of safety measures for patient and entire Operative team.
- Maintaining a knowledge base to practice in a variety of specialties that include General Surgery, Plastics/Ortho, Vascular and Cardiothoracic with a primary focus on Neurosurgical interventions.
- Developed a performance management tool, for use by the staff, to monitor operating room utilization.

**Performance Management Specialist (2003)**

Responsible for data abstraction and submission for a variety of initiatives:

- JCAHO, CMS and DPH required monitoring indicators (CAP, AMI)
- Weekly chart documentation reviews

- Reimbursement justifications
- National Database of Nursing Quality Indicators (NDNQI) in preparation for Magnet status application
- Chart review and assessment of adverse events

Responsible for collaborating with and providing support to multidisciplinary teams in reviewing process improvement projects aimed at evidenced-based practice, improved patient outcomes and reduction in expenditures (i.e. "Rapid wean/extubation protocol for the Open-Heart patient").

### **Clinical Service Manager**

#### **Surgical Intensive Care Unit/Surgical Intermediate Care Area (2000 – 2003)**

Responsible for the administrative management and clinical coordination of a 12-bed surgical intensive care/step-down unit at a Level I Trauma Center.

- Provide appropriately credentialed staff to care for a population consisting of open heart, neurosurgical , and critically injured surgical patients.
- In conjunction with the Clinical Nurse Educator, provide educational programs and presentations that assist with advancement of nursing practice via the Clinical Ladder program and professional certifications.
- In collaboration with the Director of Patient Care Services, fiscal management and monitoring of unit-based supplies, expenses and salaries.
- Provide annual employee reviews for both professional and non-professional staff.
- Provide professional guidance and discipline for staff of 44 FTE's.
- Create systems for the purpose of enhancing the clinical practice via staff empowerment.
- Uphold and support organizational goals and mission.
- Participate in a variety of clinical and administrative committees involved in policy creation, revision and implementation.
- Perform continuous monitoring and creation of quality improvement initiatives.

### **Norwalk Hospital Norwalk, CT**

**1999 - 2000**

#### **Trauma Service Coordinator**

Responsible for coordination of Trauma services for a community-based Level II Trauma Center.

- Provided Trauma education to pre-hospital personnel, emergency nurses, med/surgical and critical care nurses via lectures (CATN, PALS), presentations and case reviews.
- Participated in preparation and presentation at Trauma Grand Rounds and Patient Care Evaluation Committee for both nursing and medical staff.
- Evaluated trauma registry data, Q.A. filters, monitors trends and guides trauma service practice accordingly in collaboration with the Director of Trauma Services.
- Acted as a liaison between pre-hospital EMS, Emergency Department nursing and medical staff, Inpatient Services/nursing and Trauma Surgeons/Department of Surgery with respect to adhering to standards of care set forth by the American College of Surgeons.
- Participated in the planning and implementation of community safety/prevention programs designed to meet the needs of all age groups across the continuum.
- Acted as a clinical/administrative resource to all disciplines.
- Revised and updated existing systems, within the Trauma Service, in preparation for a successful consult review performed by the American College of Surgeons, 02/01.

### **Bristol Hospital Bristol, CT**

**1984 - 1999**

#### **Assistant Director of Trauma/Risk Management (1998 – 1999)**

Responsible for coordination of Trauma/Rehab/Home services for a community-based Level III Trauma Center.

- Case Manager of the Trauma and Orthopedic population from pre-hospital setting to discharge planning and rehabilitation in collaboration with Surgeons, Social Services and Utilization Review.
- Collection of data, case review preparation and presentations on Trauma population, including entering data into computerized registry and forwarding all to the State.
- Applied for and received grant money from the Bristol Housing Authority after presenting an elderly fall prevention program to be offered at local elderly housing complexes/centers.
- Participated in the Bristol Wellness Coalition and was a member of the Underage Drinking Subcommittee. Presented "Let's Not Meet By Accident" programs to Bristol/Terryville teens.
- Involved in planning and implementation of disaster drills for the City of Bristol as a member of the city's Local Emergency Planning Committee.
- Extensive involvement in chart reviews for risk management issues in collaboration with the Director of Risk Management.

#### **Operations Manager (1994 – 1998)**

Accountable for the fiscal and clinical management of a 36-50 bed pulmonary/surgical inpatient unit with telemetry. Responsible for the education, competencies, evaluations and discipline for a staff totaling 56 FTE's (81 employees).

- Assisted staff transition into Patient Focused Care Model.
- Participated in Patient Satisfaction initiative as set forth by Senior Administration.
- Actively participated in successful "STAT" campaign to raise funds for new Intensive Care Unit.
- Coordinated implementation of telemetry on unit, acted as a clinical resource regarding use of HP equipment along with dysrhythmia identification and interpretation.

#### **Supervisor/Nursing Administration (per diem 1990 – 1999)**

- Responsible for staff coordination, appropriate patient placement.
- Acted as primary off-shift clinical/administrative resource for nursing and ancillary staff.

#### **Assistant Patient Care Manager (1986)**

- Duties consisted of staff scheduling/assignments, communication of hospital/administrative policies with enforcement of same.
- Clinical resource for evening and night shift staff.
- Responsible for performance appraisals, interviewing candidates and disciplinary actions.

#### **Charge/Staff Nurse (1984 – 1994)**

Responsible for primary care of a variety of compromised clients; cardiac, medical and surgical.

- Charge duties with management of a 19-bed telemetry unit with a high degree of client acuity and turnover.
- Clinical Nurse II in a 10-bed ICU/CCU required skill with various invasive catheters, knowledge of telemetry, use of HP CareVue 9000 for documentation, evaluation of adult client needs, education and comprehension of present/future health status and management.
- Collaborative practice/relationships with attending physicians and surgeons.

#### **Hartford Hospital**

**1980 - 1982**

#### **Administrative Assistant – Transplant Service**

Assistant to the Chief of Transplant Surgery and to the Transplant Coordinators.

- Secretarial support included scheduling surgeries, appointments, diagnostic work-up for kidney transplant patients.
- Managed accounts and insurance claims processing.
- Personal assistant to Chief of Transplant Service arranging travel to international and national conferences, assisted in preparation of presentations at conferences, transcription of manuscripts for publication.
- Assisted Transplant Coordinator with monitoring of patient post-transplant lab values and follow-up with instructions regarding medications, office visits, further diagnostics.

## PROFESSIONAL AFFILIATIONS/CERTIFICATIONS

American Society of Critical Care Nurses (AACN)	2000-2005
American Society of Operating Room Nurses (AORN)	2005-2006
Society of Trauma Nurses	2000
Basic Life Support Provider (BLS)	1984-present
Trauma Nursing Core Course Provider (TNCC)	1998
Advanced Cardiac Life Support Provider (ACLS)	1987-present
Pediatric Advanced Life Support Provider (PALS)	1999
Course in Advanced Trauma Nursing (CATN)	1998
Sigma Theta Tau International Nursing Honor Society (Mu)	1992-present
American Nurses Association	1984-association
American Trauma Society	1998-2001
Connecticut State Trauma Coordinator's Committee	1998-2000
Southern Connecticut Regional Trauma Quality Assurance Group	1998-2000
Local Emergency Planning Committee, City of Bristol	1998-1999
Bristol Wellness Coalition/Underage Drinking Subcommittee	1998-1999
Society for Critical Care Medicine	2002-2003
Student Member, IRB, Sacred Heart University	2002
Connecticut Carcinoid Initiative	2002-present

## CONFERENCES/CEU'S

6 <sup>th</sup> Annual Advances in Toxicology & Emergency Medicine University of Connecticut Health Center, October 30, 1998	7.5
New England Regional Trauma Conference University of Massachusetts Medical Center, November 12-13, 1998	12.3
Connecticut Trauma Conference William W. Backus Hospital/Foxwoods, April 21-22, 1999	13.2
ASCEND Emergency Nurses Association/Farmington, CT October 19, 1999	5.9
American College of Surgeons Annual Meeting Connecticut Chapter, Waterbury, CT November 16, 1999	
Annual Connecticut SafeKids Conference, Cromwell, CT March 9, 2000	
Second Annual Connecticut Trauma Conference Foxwoods Resort, Ledyard, CT April 13 & 14, 2000	16.2
American College of Surgeons Trauma Symposium Atlantic City, NJ May 2000	16.0
New England Regional Trauma Conference University of Massachusetts Medical Center, November 16-17, 2000	14.4
Third Annual Connecticut Trauma Conference Foxwoods Resort, Ledyard, CT April 4-5, 2001	16.2

Fourth Annual Connecticut Trauma Conference Foxwoods Resort, Ledyard, CT March 27-28, 2002 (Presented)	17.0
"Making Sense of Spine Surgery" Sponsored by Medical Education Resources Trumbull Marriott Hotel, Trumbull, CT September 20, 2004	6.0
Seventh Annual Connecticut Trauma Conference (Part II) Foxwoods Resort, Ledyard, CT April 8, 2005	9.0
Eighth Annual Connecticut Trauma Conference Foxwoods Resort, Ledyard, CT March 30 & 31, 2006	18.6
"The Business Side of Healthcare for Non-Financial Managers" William J. Ward, Jr., MBA Connecticut Hospital Association, Wallingford, CT January 29, 2007	

## **PRESENTATIONS**

Trauma Surgical Grand Rounds, Norwalk Hospital, Norwalk, CT "LeFort Fractures" February 23, 2000	1.0
"Role of the Registered Nurse in Trauma" "Neurological Assessment and Care of the Neurologically Impaired/Injured Patient", Norwalk Hospital, Norwalk, CT February 29, 2000	
Management of the Critically Ill Trauma Patient, "Spinal Cord Injury" Norwalk Hospital, Norwalk, CT May 11, 2000	
Fourth Annual Connecticut Trauma Conference Foxwoods Resort, Ledyard, CT March 27-28, 2002 By invitation from the Connecticut Trauma Society "End of Life Issues"	
"The Other End of The Stethoscope-An RN's experience with Carcinoid" Advisory Board Presentation-Tercica Pharmaceuticals Sonoma, California, April 2008	
"The Other End of The Stethoscope-An RN's experience with Carcinoid" Advisory Board Presentation-Tercica Pharmaceuticals Phoenix, Arizona, May 2008	

## **RECOGNITION/AWARDS**

Bridgeport Hospital's "Heart Team Member of the Month"  
September 2002

